**Circles of My Multicultural Self**

Place your name in the center circle of the structure below. Write an important aspect of your identity in each of the satellite circles -- an identifier or descriptor that you feel is important in defining you. This can include anything: Asian American, female, mother, athlete, educator, scientist, or any descriptor with which you identify.

1. Share a story about a time you were especially **proud or felt included** to identify with one of the descriptors you used above.

2. Share a story about a time it was especially **painful or felt excluded** to be identified with one of your identifiers or descriptors.